

BREAKFAST

• APPETIZERS •

AVOCADO ARTISAN TOAST

Toasted thick multigrain, plum tomato, crushed avocado, lemon zest, drizzle of extra virgin olive oil, cracked black pepper and coarse sea salt 5.85
Add 2 Eggs Any Style - 2.00 extra

BACON LOLLIPOPS

Thick brown sugar smoked bacon wrapped around a golden apple wedge 6.75

FLORIDA COCKTAIL

An assortment of fresh cut fruit topped with crunchy granola and Dannon strawberry yogurt 6.79

FRUIT BRUSCHETTA

A fresh blend of diced mango, pineapple, strawberries and fresh mint with cinnamon pita points 6.99

SEASONAL FRUIT BOWL

Filled with the season's finest fruit 4.99

• PANCAKES •

LEMON BLUEBERRY DREAM

Fresh blueberry pancakes, finely grated lemon peel 8.49

BERRY CHOCOLATY

Chocolate chip pancakes, fresh strawberries, chocolate drizzle 8.75

POWER GRAIN

7 healthy grains such as wheat bran, rolled oats, wheat germ, and flaxseed 8.49

PLAIN STACK

Always made from scratch with whipped butter, warm syrup and powdered sugar 7.25

Power grain pancakes may be substituted for all pancakes 1.00 extra

• WAFFLES •

SALTED CARAMEL WAFFLE

Chopped bacon, whipped vanilla mascarpone, brown sugar walnut crumble, caramel drizzle & coarse sea salt 10.25

TROPICAL CRUNCH

Fresh bananas, strawberries, mango, crunchy granola and a side of strawberry reduction 9.49

SOUTHERN CHICKEN & WAFFLES

Wedges topped with fried chicken tenders, chopped smoked bacon, sweet dried cranberries and our own homemade sausage gravy 13.49

PLAIN BELGIAN

Sprinkled with powdered sugar and a side of warm syrup and whipped butter 7.75

Real Maple Syrup Available \$1.25 per serving

• FRENCH TOAST •

OMG

Dipped thick sliced wheat french toast topped with dollops of sweet mascarpone, sugar walnuts, caramel drizzle and chopped smoked bacon!! 10.25

CORN BREAD

Our homemade corn bread topped with vanilla mascarpone, fresh slices of golden delicious apples, honey walnuts and caramel sauce 10.25

GRAND FRENCH

Thick sliced egg bread cooked in our own batter of pure vanilla, whipped eggs, brown sugar, cinnamon and fresh cream 9.25

EGGSTRAORDINARY DISHES

WILBUR SKILLET

Filled with crushed bacon, potatoes, avocado and diced tomato. Topped with melted Monterey jack cheese. Eggs your way 9.49

POPEYE SKILLET

Baby spinach, sliced mushrooms, potatoes, melted jack cheese, and a dollop of sour cream. Eggs your way 9.49

BASIC SKILLET

We take a skillet of potatoes, add a blend of melted cheeses and top the whole thing off with your choice of eggs 7.79
Build your own add .75 per item

GRANDE HUEVOS RANCHEROS

Our version of the Mexican classic. Diced potatoes, chipotle peppers, chorizo sausage, onions, black beans, cilantro and avocado loaded on a wheat tortilla topped with melted mixed cheeses, salsa and sour cream. Your style of 3 eggs 10.79

FREEBIRD

Homemade cornbread topped with dried cranberries, candied walnuts, spicy sausage gravy and 2 sunnyside up eggs 10.99

BIG EASY BENEDICT

Cornbread topped with avocado, creole seasoned onions, peppers and chorizo. Topped with poached eggs and cajun hollandaise 10.99

EGGS BENEDETTO

Toasted ciabatta topped with plum tomato, fresh baby spinach, roasted peppers, sliced portobellos, pesto glazed poached eggs and hollandaise 10.79

CLASSIC BENEDICT

A toasted english muffin with slices of Virginia ham, plum tomato and two poached eggs, then topped with hollandaise sauce 10.25

BREAKFAST NACHOS

Multicolored tortilla chips topped with scrambled eggs, spicy chicken chorizo sausage, bell peppers, red onions, black beans, cilantro and melted jack & cheddar cheeses served with sides of homemade salsa and sour cream 10.25

TRADITIONAL EGGS

Two farm fresh eggs served your style with country potatoes and a toasted english muffin 6.25
add breakfast meat 3.75

• OMELETTES •

All omelettes served with potatoes, english muffin and side of fruit

WESTERN

Diced ham, fresh peppers, red onions and mixed cheddar and jack cheese 9.25

TUSCANY

Marinated peppers, spinach, spiced sausage and fresh mozzarella 9.99

VEGGIE

Fresh seasonal vegetables and a blend of mixed cheeses 9.25

NY DELI

Chopped pastrami, caramelized sweet onions, fresh baby spinach and melted domestic Swiss cheese 10.25

BASIC

Three whipped eggs topped with blend of Monterey jack and cheddar cheeses 8.75
Build your own .75 per item

GOOD AND GOOD FOR YOU

“NO YOLKS” ABOUT IT OMELETTE

Egg white omelette, baby spinach, diced tomato and a hint of cheese. Served with fresh salsa, a dry english muffin & fruit 9.99

IRON MAN COMBO

Egg white fresh veggie omelette, 1 power grain pancake and 2 lean breakfast chicken sausage links 11.99

PESTO INFUSION SKILLET

Egg whites lightly infused with basil pesto, filled with tomatoes, avocado, diced onions and oven roasted portobellos. Served with dry english muffin and fresh fruit 9.99

GARDEN FRITTATA

Egg whites, roasted red pepper, portobello mushrooms, baby spinach and feta cooked frittata style served on a toasted wheat pita with fresh fruit 10.49

BRUSCHETTA WHITE OMELETTE

Four egg whites, fresh chopped tomato bruschetta, baby spinach and a light sprinkle of feta served with a side of our fruit bruschetta and cinnamon wheat pita 10.75

HOT OATMEAL

With raisins and brown sugar 4.49
Add fresh cut fruit: strawberries, blueberries, bananas or apples .75 each

LUNCH

first things first

CHEF'S SOUP

Inspirations from our chef. Please ask your server
cup 4.00 bowl 4.95

TURKEY CHILI

Back in 1998, we created this delicious recipe and it has been our customers favorite ever since
cup 4.50 bowl 5.50

HOUSE STARTER SALAD

Mixed baby greens topped with red onions, tomatoes, cucumbers and julienned carrots 4.49

CHIPS & SALSA

Tricolored corn chips, our homemade salsa and a side of sour cream 4.25

• sensational salads •

MARTHA'S VINEYARD

Mixed field greens tossed with grilled chicken, seasonal berries and mango. Topped with toasted coconut, honey walnuts and served with a slice of sourdough bread 10.15

SANTA FE

Spicy chicken breast over mixed greens with red onions, tomato, black beans, sweet corn, mixed cheeses and crushed tortilla chips. Served with multigrain pita 10.15

COSMOPOLITAN

Mixed baby greens topped with our cranberry walnut chicken salad, golden delicious apple slices, red seedless grapes, fresh pineapple and walnuts with pita wedges 9.99

CHOP CHOP SALAD

Chopped fresh romaine, crispy cubed chicken tenders, chopped smoked bacon, red onion, plum tomato, cucumber, and mixed jack cheddar cheese 10.49

GRILLED CHICKEN FETA

Baby mixed greens, grilled chicken breast, roasted red peppers, sliced cucumbers, red onions, plum tomatoes, portobello mushroom, and feta cheese 9.99

salad dressings

peppercorn ranch • caesar
cilantro honey dijon
balsamic vinaigrette
berry pomegranate vinaigrette

Wraps & Melts

CRANBERRY WALNUT CHICKEN SALAD WRAP

Roasted chicken breast tossed lightly with mayonnaise, honey walnuts & dried cranberries, with fresh baby spinach in a wheat honey wrap 9.49

CHICKEN CAESAR WRAP

Plump, all natural chicken breast, caesared romaine lettuce, wrapped in a whole wheat tortilla 9.15

TURKEY REUBEN MELT

Toasted sourdough with turkey breast, homemade julienned coleslaw, melted swiss and a sweet honey dijon spread 9.99

ATLANTIC TUNA MELT

Homemade chunk lite tuna salad piled high on a grilled Ciabatta roll with plum tomato and melted domestic Swiss cheese 9.49

• SAVORY SANDWICHES •

CHICKEN PESTO PANINI

Grilled chicken, thin sliced zucchini, roasted red pepper, fresh mozzarella and a basil pesto spread 9.49

ROADHOUSE STACK

Triple stack grilled cheese with a smokehouse aioli, jack and cheddar cheeses, thick crispy bacon, caramelized onions, avocado, tomato and baby spinach leaves 9.75

SEASIDE JERSEY CLUB

Roasted turkey, crisp bacon, plum tomatoes, onions, romaine and domestic Swiss on toasted thick sliced multigrain. Shore to please 9.49

PAVO CUBANO

Our version of the popular Cuban sandwich. Made with ham, roasted turkey breast, swiss cheese, tomato, pickles and honey mustard pressed on the grill. Served with a side of creamy sweet coleslaw 9.45

T.P. SALAD SANDWICH

Your choice of our homemade cranberry chicken salad or tuna salad piled high with plum tomato and spring lettuce on toasted multigrain or sourdough 8.99

GRILLED BUBBIES SANDWICH

Hot pastrami, sauteed onions, fresh tomato, baby spinach, melted Swiss, honey mustard spread on griddled rye served with a side of coleslaw & pickles 10.15

• nutritious & delicious •

EL FRESCO QUINOA BOWL

A protein packed mixture of the super grain quinoa, avocado, sauteed vegetables, black beans, a hint of chipotle all topped with our fresh salsa and cilantro. Served with a baby green side salad 9.99
Add all natural grilled chicken breast to make it the ultimate 3.75

ZUCCHINI “SPAGHETTI”

Sautéed julienned zucchini, roasted portobellos, roasted red peppers, homemade basil pesto and Italian parmesan cheese 10.25
add grilled chicken breast 3.75

AVOCADO SMASH SANDWICH

Smashed fresh avocado, crispy thick bacon, baby spinach, plum tomato, red onions on toasted Artisan multigrain bread served with a side house salad 9.75

1/2 SALAD

- Martha's Vineyard
- Santa Fe
- Cosmopolitan
- House Starter

1/2 SANDWICH

- Chicken Pesto Panini
- Seaside Jersey Club
- TP Salad Sandwich
- Turkey Reuben Melt

CUP OF SOUP

- Chef Soup
- Turkey Chili

CREATE YOUR OWN COMBO

SELECT TWO:

1/2 SALAD
1/2 SANDWICH
CUP OF SOUP
10.49

A WARM WELCOME

Thank you for visiting the Turning Point. We're glad you're here.

We have created a unique daytime restaurant that serves creative breakfast and lunch meals using the freshest local ingredients available. We strive to provide service to our guests that exceeds their expectations and maintain an atmosphere that is clean, comfortable and relaxing. The best compliment we receive is a guest who says, "We'll be back."

Thank you for supporting our family owned business over the past 20 years. We look forward to providing you with an uncompromising experience in the future.

- Pam & Kirk Ruoff

LOCATIONS

NEW JERSEY

LITTLE SILVER *est 1998* / 732.224.8718
 HOLMDEL *est 2002* / 732.615.9000
 MANALAPAN *est 2003* / 732.577.9050
 LONG BRANCH *est 2005* / 732.923.1104
 HOBOKEN *est 2007* / 201.222.3797
 WESTFIELD *est 2010* / 908.264.8180
 BRICK *est 2011* / 732.903.6073
 MARLTON *est 2013* / 856.988.1528
 SEA GIRT *est 2014* / 732.974.2400
 CHERRY HILL *est 2014* / 856.320.4013
 PRINCETON *est 2015* / 609.454.5878
 MOORESTOWN *est 2018* / 856.840.6167

PENNSYLVANIA

WARRINGTON *est 2016* / 215.792.7613
 BRYN MAWR *est 2016* / 484.222.6176
 NORTH WALES *est 2017* / 267.462.4564
 BLUE BELL *est 2017* / 484.231.1412
 NEWTOWN / *Coming Soon*

DELAWARE

CHRISTIANA / *Coming Soon*

GOURMET HOT DRINKS

ESPRESSO BAR

SALTED CARAMEL MOCHA-CHINO

Caramel drizzle, espresso, sea salt, steamed chocolate milk and whipped cream 4.65

NUTTY IRISHMAN

Espresso, Irish cream and hazelnut syrup, steamed whole milk, topped with whipped cream 4.65

VANILLA CHAI TEA LATTE

Spiced with ginger, honey and vanilla 4.15

LATTE OR CAPPUCCINO

Double espresso and steamed whole milk 4.49

ORGANIC GOURMET COFFEE

Turning Point's own 100% Arabica gourmet house blend 2.50

HEAVENLY HOT CHOCOLATES

TRADITIONAL

Topped with whipped cream 2.65

S'MORES

Hot chocolate, toasted marshmallow syrup, whipped cream and crushed graham crackers 3.65

PEPPERMINT

Hot chocolate, pure cane peppermint syrup, whipped cream and crushed peppermint candies 3.65

REESES PEANUT BUTTER CUP

Hot chocolate, peanut butter sauce, whipped cream and mini Reeses cups 3.99



Roasted and Delivered weekly by our own roast house.
www.cowabungaweb.com

FRESH SQUEEZED

ORANGE JUICE

Try a glass of our 100% natural Valencia orange juice. The season's finest squeezing oranges. Taste and availability subject to harvest conditions.

12oz 3.59 16oz 4.29

ALL NATURAL LEMONADE

Non-GMO lemons blended with just the right amount of sweetness. No artificial sweeteners, preservatives, flavors or high fructose corn syrup

12oz 3.29 16oz 4.19

SOFT DRINKS

Pepsi
 Diet Pepsi
 Sierra Mist
 Root Beer
 Pink Lemonade
 Ginger Ale
 2.49 - free refills

JUICES

Orange
 Apple
 Ruby Red Grapefruit
 Cranberry
 V8
 2.49 sm - 2.99 lg

SPECIALTY COLD DRINKS

ICED TEAS

ICED GREEN TEA

Organic loose Sencha freshly brewed daily 2.99

PAM'S HALF & HALF

A blend of our fresh squeezed lemonade and classic black iced tea 3.85

ICED VANILLA CHAI

Chilled vanilla chai tea served over ice 4.15

CLASSIC BLACK

The traditional favorite served with a slice of lemon 2.99

COFFEE CHILLOUT

FRESH BREWED ICED COFFEE

TP Blend Regular, Decaf or Flavor of the day 2.89

HOUSE ESPRESSO SPECIALTY SHAKE

Vanilla ice cream, chocolate syrup, Spanish espresso, whipped cream 4.99

CHOCOLATE CHIP SHAKE-A-CHINO

Frozen hot chocolate, milk, ice, espresso, chocolate chips and whipped cream 5.29

ICED CHAI CAFE

Chilled cinnamon chai, creamy espresso served on the rocks 4.65

ICED FLAVORED LATTE

Choose your flavor: regular, vanilla, caramel or mocha 4.39



TURNING POINT

breakfast, brunch & lunch

SHAKES AND SMOOTHIES

CJ'S FROZEN HOT CHOCOLATE

Hot chocolate reborn at 20 degrees below zero 4.59

ANNIE'S LEMONADE

A frozen treat of pink lemonade blended with strawberries and ice 3.49

CHARLIE'S CHAI SHAKE

Vanilla ice cream blended with sweet spiced chai. It's smooth, creamy and cinnamon sweet 4.99

OLD FASHIONED MILK SHAKE

Real ice cream, regular milk, and your choice of strawberry, chocolate or vanilla. Nothing else inside this creation 4.69

TROPICAL BLISS SMOOTHIE

Pineapple, whole banana, strawberry puree, & orange juice 4.89

BANANA WHIP SMOOTHIE

Banana, apple juice & strawberry yogurt 4.69

SUPER BERRY SMOOTHIE

Strawberries, yogurt & cranberry juice 4.69

Established 1998